

# ROOKIES

## 2009 REGULAR SEASON PRACTICE SCHEDULE

<u>TEAM</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
CHALLENGERS	5:30P-7:30P				
X-MEN		6:30P-8:00P			
LIGHTNING		4:30P-6:30P			
LEXINGTON PLASTIC SURGEONS			5:00P-7:00P		
HARLEM DEMONS				6:00P-8:00P	
LENOX GRAYS					6:00P-8:00P